

A FAMILY OF INDIVIDUALS

No "Us Vs. Them"

- power paradigm shift
- don't need to feel powerful by frustrating others
- self-fulfilling prophecy of saying "no" to your child's needs => more needy
- feeling powerful is ... **EMPOWERING!**
- when each child feels supported, it removes much of the power-based motivation for discord

•• cultivates a joyful family atmosphere!!

No Obligations

- celebrate their individuality, not "be nice to each other"
- getting along is a **CHOICE!**
- happy & confident individuals aren't driven to feel better about themselves at the expense of those around them

Best frame of mind for learning AND for navigating relationships

For Living Joyfully!!

PREMISE

focusing on family members as individuals is key to cultivating family harmony

Don't Focus on the Numbers

- measuring "fairness" shift
- look at qualitative measure of value each child receives, NOT quantitative measure of what parents give
- "Do my children feel loved and secure?"
- each child may need varying amounts of time & effort & money, but when their unique needs are being met they feel content, secure & happy: **EQUALLY LOVED!**
- they come to understand that their sibling's **happiness** doesn't mean their **unhappiness**

•• siblings often get along!!

WHAT'S IT ALL ABOUT?

CHOICES !

If you keep trying to get your child interested in climbing your tree, you are bound to be disappointed. Instead, help them find their river and watch them swim with relish!

WHAT UNSCHOOLING KIDS SAY ...



WE'RE NOT:

- easygoing, genetic accidents
- well-trained robots
- power hungry dictators

Stop Group Think

- developing relationships shift
- dump the idealized child of your imagination and the generic child that's an amalgamation of all your children's interests
- Are you coming across as available for, and open to, connection?
- Are you pulling your child to you or going to your child?
- do the things **THEY** enjoy -- individually
- be **FULLY ENGAGED**

relationships strengthen ~ trust grows ~ respect blossoms

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